

Living Fully *and* Dying Prepared

5-WEEK COMMUNITY SERIES

A welcoming “book club” that invites you to reflect back, turn inward, and plan ahead

Experience **engaging activities** and **friendly discussions** about life and how to prepare in advance for its end.

Why think about mortality?

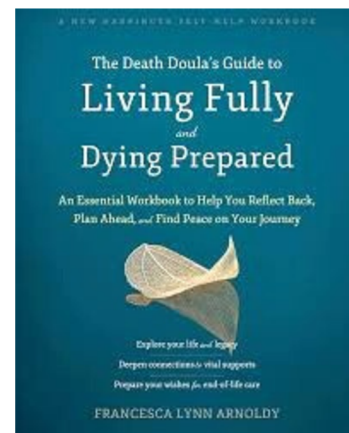
It's a natural part of being human, and exploring it can help us find clarity and peace of mind, as well as discover more meaning and joy.

Who can join?

Adults of any age with any health status.

What does the series include?

Some at-home reading and writing as well as sharing within friendly group sessions.



presented with support of



compassion & choices



Free. Registration required.
12 person limit

Wednesdays 1-3pm

Sept 16, 23, 30 & October 7 & 14

Where

Explore the Arts

701 Main Street, Hamilton

presented by

Jana Branch

End-of-Life Doula

Questions?

jana@goodpassage.co

www.goodpassage.co



Register

www.goodpassage.co/register

406-493-7473

**Good
Passage** LLC

End-of-Life Doula Services
for the Bitterroot Valley